

CALMING CONNECTIONS

Professional Development for NW WA
Early Learning Professionals

Learn How to Co-regulate and Keep
Calm With Children

EARN 4 STARS HOURS!

About the Training

In this interactive and practical two-session workshop, child care providers will learn effective strategies for de-escalating challenging behaviors and fostering calm, positive connections with young children. By understanding the root causes of frustration and distress, participants will gain tools to prevent conflicts before they arise, as well as techniques to safely manage and de-escalate situations when they do occur.

This course will cover key concepts such as emotional regulation, active listening, non-verbal communication, and the importance of building strong, trusting relationships with children. Providers will also learn how to recognize early signs of distress, create a calm and supportive environment, and employ strategies that help children return to a state of emotional balance.



Feb 19th & Feb 26th, 2025
from 6:00pm - 8:00pm



Trainer: Allie Bishop



Virtual - Zoom

Register Now!

Cost of registration is
\$40.00 per person.
Availability is first
come, first serve.

SCAN HERE ↙



Scan the
QR code or
click here
to register.

Questions?



(360) 734-8396



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